



UNWE STUDENTS' ATTITUDE TO THE ONLINE FORM OF TRAINING IN TABLE TENNIS

E. Moneva*

Department Physical Education and Sports, Faculty of Business, University of National and World Economy, Sofia, Bulgaria

ABSTRACT

Our society is undergoing changes that place serious challenges before the entire world. In the current conditions of continuing education, the essence, role, methods and technology of education at higher education institutions are also changing. Online forms of learning and education are replacing the traditional methods. In the period from March 16 to March 24 2021, we made a survey among the students at the University of National and World Economy (UNWE) to find out their **Attitude to the online form of training in Table Tennis**.

The aim of our survey was to obtain information about the opinion of the students at UNWE regarding the outcomes of the online training programs in Table Tennis.

METHODS OF STUDY: Special survey cards were designed which included closed-ended questions.

THE RESULTS: A large part of the students accept the combined form of training in Table Tennis.

CONCLUSIONS: These conclusions give us the opportunity to plan, organize, and implement a study on the combined forms of training in Table Tennis with the students at UNWE.

Keywords: survey cards, education, methods

INTRODUCTION

Physical education and sports at the higher education institutions have always had a special role in the activity levels, movement education and healthy life and habits of students and young adults. They are a primary means of prevention of numerous negative phenomena in society and contribute to the formation and improvement of social behaviors and characteristics such as verve, discipline, self-control, responsibility, tolerance, and teamwork. (1). The development and implementation of mathematical models allow for an effective assessment of the performance of the teaching institutions that apply various forms of online learning. (2). The academic course in Physical Education and Sports is a required course for the students in Year 1 and Year 2 of all Bachelor Programs at UNWE.

The course in Table Tennis at UNWE is one of the most favored sports courses among the students. Table Tennis is a very popular sport and can be played by people of all ages, including by students at higher education institutions. The training sessions in Table Tennis aim to teach students not only the basic, but also some of the more complex elements of the techniques, tactics, and rules which can promote the overall physical development of the students.(3). After the introduction of the restriction measures designed to limit the spread of the novel coronavirus COVID-19, the training in Table Tennis was changed from in-person to online form. (4). The main problems of this type of training according to the students and the teachers are the limitations to communication arising from the absence of live contact, opportunities for feedback, and the informal interactions between students and teachers, and among the students. Having gained some experience with online training during the emergency situation related to the pandemic, the surveyed students responded that they would rather not replace in-person training with online learning forms, although they would find useful the access to the

*Correspondence to: Elena Moneva, Department Physical Education and Sports, Faculty of Business, University of National and World Economy, 1700, Sofia, Bulgaria Studentski grad, E-mail: elena_bv2001@unwe.bg, GSM: +359887 054 553

uploaded online resources and lectures during the standard education process.

Objectives of the study are to learn the opinion of the students at UNWE of the implementation of online learning platforms in Table Tennis and to analyze the results of the study and make relevant conclusions and recommendations.

METHODS OF STUDY

The study was conducted from 16 March to 24 March 2021 and involved 152 students who attended the classes in Table Tennis as part of their Physical Education and Sports course at UNWE during the academic year. The method used to attain the objective of the study was a survey. Special survey cards were designed which included closed-ended questions. The study was conducted remotely, using the Microsoft Forms platform.

RESULTS

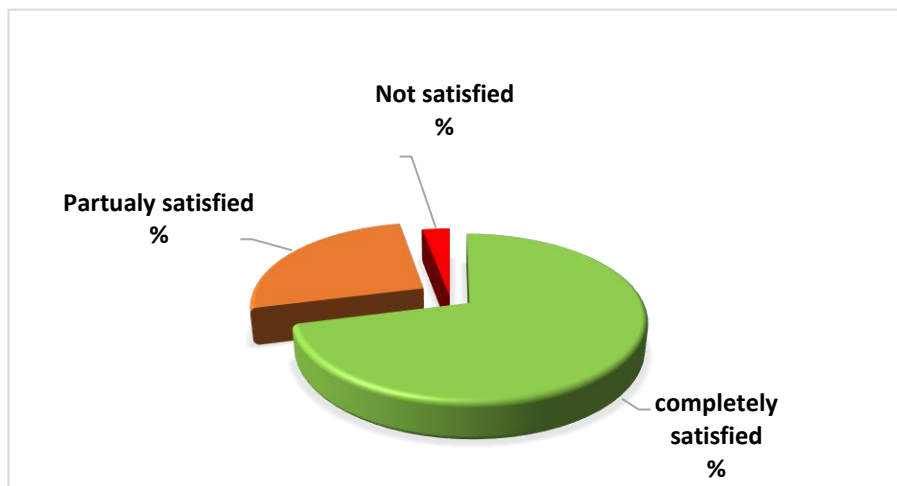


Figure 1. Satisfaction of the students at UNWE with the online training in Table Tennis

The results show that 71% of the surveyed students were 'completely satisfied', 26% were 'partially satisfied' (**Figure 1**). Only 3% of the respondents had a negative response to the

questions. Therefore, the general attitude to the online courses in table tennis of the surveyed students was positive.

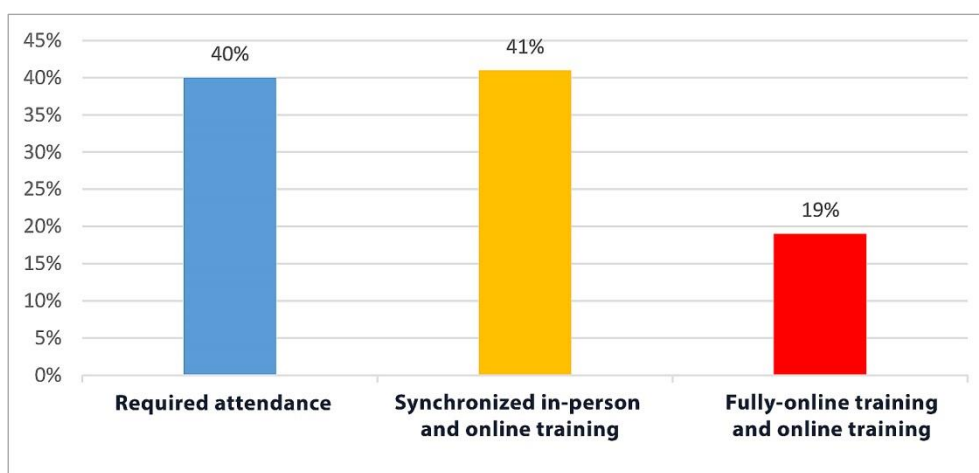


Figure 2. Students' assessment of the form of training in Table Tennis (Required attendance / Synchronized in-person and online training / Fully-online training)

(**Figure 2**) shows that 41% of the surveyed students preferred to have a synchronized in-person and online training form of education. 40% of them answered that they were in favor

of the compulsory attendance of classes in Table Tennis, whereas 19% of the respondents supported the third option, which is fully-online courses.

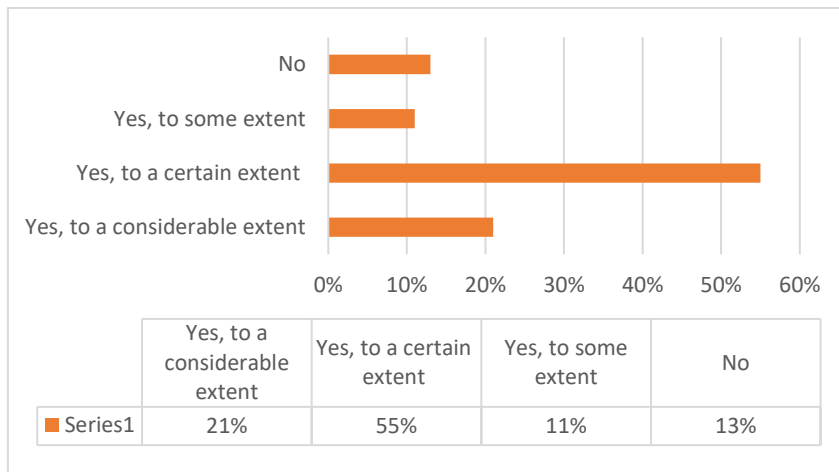


Figure 3. Do you think that the combination of in-person and online classes in Table Tennis would benefit the learning process? (No / Yes, to some extent / Yes, to a certain extent / Yes, to a considerable extent)

(Figure 3) shows that one half of the surveyed students (55%) believed that the combination of in-person and online classes in Table Tennis would improve the learning processes, and another 21% share the same opinion. The

smallest percentage of students (13%) believe that this form of training is impossible. This means that the majority of the students at UNWE would like to have some kind of combination of the training methods.

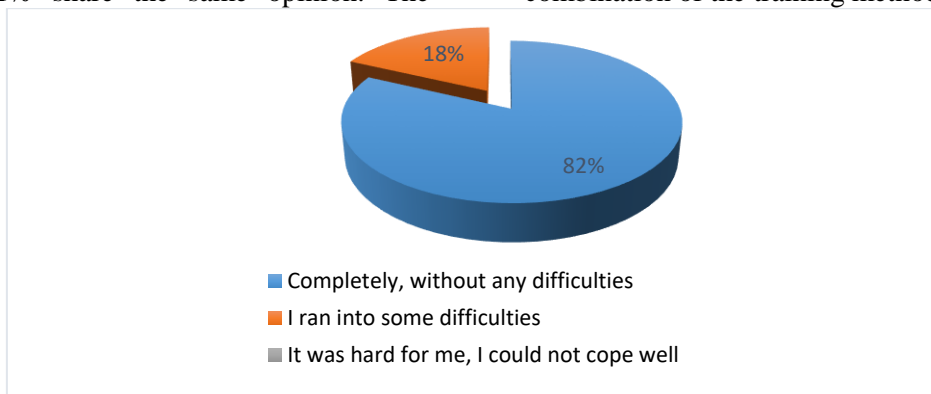


Figure 4: To what extent did you manage to cope with the tasks? (Completely, without any difficulties / I ran into some difficulties / It was hard for me, I could not cope well)

(Figure 4) shows that almost all students had no difficulties in accomplishing the assigned tasks. 18 % note that they had some

difficulties, but none of the students were totally unable to complete the tasks.

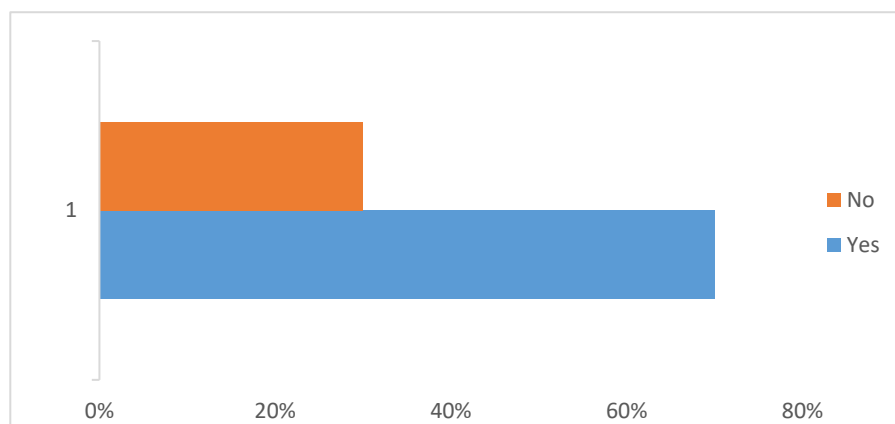


Figure 5. Do you think in-person and online forms of training can be combined?

It becomes clear that the students at UNWE had no problems coping with their assignments.

Most of the surveyed students (70%) had a positive attitude toward the hypothesis that the

implementation of a combination of in-person and online training in Table Tennis is possible. 30% believe that this is impossible. This becomes clear from the results in (Figure 5)

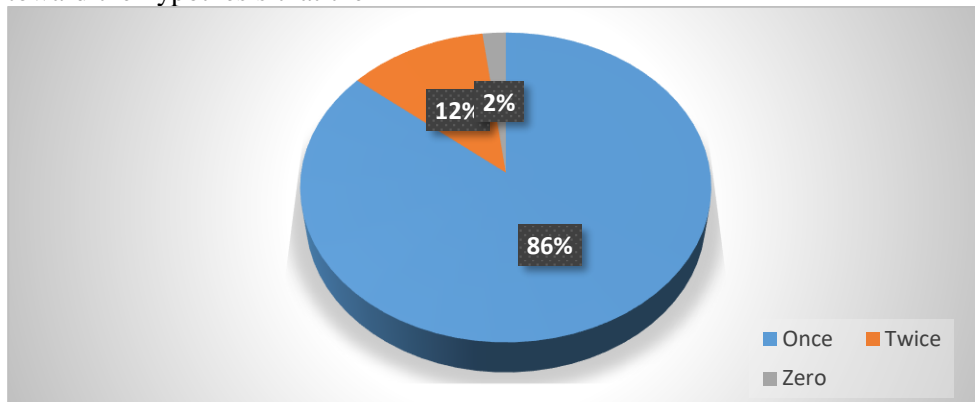


Figure 6. How many times a week do you want to have a lecture in Table Tennis? (Once / Twice / Zero)

(Figure 6) shows that most of the students at UNWE (86%) would like to have one lecture in Table Tennis per week, 12% would like to have two lectures per week and only 2% think they do not need a lecture course in Table Tennis.

CONCLUSIONS

On the basis of the study conducted among the students at UNWE regarding their attitude toward the option for a combined training form in Table Tennis, we can draw the following conclusions:

1. Students tend to view the training in Table Tennis mostly in traditional in-person terms and less frequently associate it with online learning forms;
2. A large part of the students accept the combined form of training in Table Tennis;
3. The students would take part in a combined training course in Table Tennis by regularly attending the online Microsoft Teams platform.
4. These conclusions give us the opportunity to plan, organize, and implement a study on the combined forms of training in Table Tennis with the students at UNWE.

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